

Presenter: J. Schumacher, CHt

Workshop:

Happiness, Health, Healing, and Hypnosis. – A sneak peek into the nature of personal (and planetary) reality.

Synopsis:

Hypnosis is a broad and complex subject. Within this workshop Mr. Schumacher presents thought provoking insights from nearly two decades of practice in clinical hypnotherapy. He reveals the inner-workings of the human mind, how our subconscious thoughts shape our “reality”, and exactly how this so-called “reality” can be transmuted to bring about positive change psychologically and physically.

Following the opening presentation, all attendees will have the opportunity to observe or participate in “Hypnostasis™”, a wonderful equilibrium promoting, hypno-therapeutic process.

Hypnostasis™ is a term coined by Mr Schumacher. The name relates to a unique, complimentary therapeutic modality designed to amplify the potential for positive results within a wide array of medical and psychological interventions.

Via increased self-control and the resultant improved emotional/physical balance, chronic and acute stress patterns are interrupted thus allowing more internal resources to be naturally directed by the body’s innate intelligence into the over-all wellbeing of the patient.

There will be plenty of time for Q&A.

Some of the topics covered:

- Clinical Hypnotherapy. What is it, and how does it work?
- The human mind, cohesive or fragmented, what difference does it make?
- The secret power of perception.
- How our personality and our environment shape our personal reality.
- Bio-accumulation, stress, over-stimulation
- What difference does it make what I think?
- Tales of transformation.
- Hypnostasis™. What is it, and how does it work?...and of course, how does it feel!?
- Self-hypnosis and self-therapy techniques.
- How to interrupt negative, limiting, subconscious patterns.
- The importance of hope.

Who should attend?

Everyone.

Especially those interested in health, happiness, better relationships, and life on planet earth.

Time for this event:

Allow 3 to 4 hours.

Language:

English

About the speaker:

J. Schumacher, CHt is a Master Clinical Hypnotherapist, Counselor, and specialist in the area of self-realization.

Born and raised in the United States, he has spent the last 15 years living abroad, traveling, inspiring, and assisting people from all over the world and all walks of life on the path to greater levels of health, happiness, and freedom.

He maintains a small private practice, facilitates private transformational retreats, and is currently involved in the creation of a unique series of children's books dedicated to healthy development of the child's mind and brain function, and nurturing the parent-child relationship,

J. believes that the greatest potential for advancement in any area of human life, as well as our ability to create of a more harmonious relationship between humans and their environment comes as the result of advancements in human consciousness. He is a great lover of nature and when not involved in professional pursuits, he tends to be hiking, exploring, or applying his personal energy toward sustainability and environmental stewardship.